| Type | Characteristics | Provision |
| :---: | :--- | :--- |
| 1. Linguistic | Can speak or write well; learns well from reading, listening, reading <br> writing, researching. | Range of reading material to work with/form; <br> opportunities to talk through ideas with others; access to <br> library; training in skimming; scanning and research <br> approaches; range of writing opportunities; individually <br> and in groups. |
| 2. Logical-mathematical | Can reason; calculate; keep logic going; is precise; likes mental problems; <br> orderly in approach. | Discuss and reason-though a problem; take things down <br> in note form, highlighting key words; does not always <br> need to write things out in full. |
| 3. Visual-spatial | Can draw, copy, paint; works with images; is observant; colour-sensitive; <br> is a good estimator. | Does not respond to learning from words all the time, so <br> provide diagrams, pictures, etc. Encourage graphical and <br> diagrammatic recording; develop the skill of mind- <br> mapping. |
| 4. Bodily-kinaesthetic | Can use hands well; is good at physical activity; good dancer, actor and/or <br> mimic. | Learns by being on the go, so allow movement and <br> access. Enable all the senses to be used during learning. <br> Use apparatus and objects, classroom games, use of feel <br> and touch. |
| 5. Musical | Can sing, play, compose music or is able to appreciate music; hears <br> different parts: makes up songs, raps, chants; keeps rhythm. | Enable work in groups; use and encourage repetition and <br> rhythmic approaches; play music while activity is going <br> on. |
| 6. Interpersonal or social | Relates well to others; works well in teams; helps others; can manipulate <br> others; popular, sensitive to reactions. | Learns best in pair/small groups; encourage one to one <br> discussion, especially with another adult; develop skills of <br> meditation. |
| 7. Inside or intuitive | Thinks a lot; aware of self; can "see" situations; self-motivated; private; <br> "different"; honest with self. | Needs heart-to-heart learning; time to reflect. Needs <br> effective debriefing (even if quick); allow to control own <br> circumstances. |
| 8. Naturalist | Can classify flora and fauna; can understand inter-relatedness and patterns <br> in nature. | Hands-on experiments; learns by discovery. Enjoys close <br> observation of plants, animals, fossils and rocks. |


| A | $B$ | C |
| :---: | :---: | :---: |
| 1. $\square$ enjoys computers | 1. a aware of others' attention | 1. $\square$ senses complex music |
| 2. $\square$ orderly | 2. $\square$ wants to be different | 2. $\square$ mechanical minded |
| 3. $\square$ thinks in pictures | 3. $\square$ enjoys counting | 3. $\square$ likes co-operating in groups |
| 4. $\square$ can feel rhythm | 4. $\square$ spells well | 4. $\square$ very determined |
| 5. likes to touch | 5. $\square$ creates mental images | 5. $\square$ likes being precise |
| 6. $\quad$ mixes well with others | 6. $\square$ remembers tunes easily | 6. good memory for trivia |
| 7. $\square$ self-motivated | 7. $\square$ needs breaks | 7. $\square$ likes drawing |
| 8. likes abstract thinking | 8. $\square$ good reflexes | 8. $\square$ feels emotion in music |
| 9. $\quad$ enjoys being outside | 9. has many friends | 9. $\square$ enjoys creating practical |
| 10. - likes to read | 10. $\square$ knows own feelings | experiments |
| 11. $\square$ reads maps/charts very well | 11. $\square$ likes being organised | 10. $\square$ good body co-ordination |
| 12. $\square$ likes to sing/rap | 12. $\square$ ability to reason | 11. - helps solve arguments |
| 13. $\square$ plays with objects while listening | 13. $\square$ responds to natural sounds | 12. $\square$ knows own strength |
| 14. $\square$ good negotiator | 14. $\square$ good colour sense | 13. $\square$ uses logical approach |
| 15. $\square$ very private person | 15. $\square$ imagines scenes from music | 14. $\square$ enjoys collecting things for nature |
| 16. $\square$ enthusiastic about the environment | 16. $\square$ fidgety if there are few breaks | 15. $\square$ remembers in pictures |
|  |  | 16. $\square$ likes to listen |

To get an idea of your "mix", shade one square for each of the answers you have ticked, column by column


